

# Post-assignment Report

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UNESCO Nepal

Programme Support(Science)



## Duties performed:

1. Drafted research reports for International Decade of Indigenous Languages, SNV Netherlands, Water Aid, Solar Mama etc.
2. Created PowerPoints and promotion for world water week.
3. Designed social media posters to promote Indigenous People.
4. Drafted proposal to Coca-Cola foundation.
5. Attended events including Digital Nepal Conclave etc.



## Learning experiences:

During my internship at UNESCO Nepal, I had numerous valuable learning experiences. I acquired new skills in research, project management, and intercultural communication. Immersing myself in Nepalese culture provided insights into traditions and challenges, fostering empathy and respect for diversity. However, I also faced challenges in addressing complex development issues and adapting to diverse working styles. Overall, this enriching journey has shaped my personal and professional growth, inspiring my commitment to making a positive impact in the world.



## Duties performed:

During my assignment at UNESCO Nepal, I faced various challenges. Navigating cultural differences required open-mindedness and understanding. Language barriers sometimes posed difficulties, but I utilized interpreters and non-verbal communication. Additionally, unexpected situations, like logistical issues and weather conditions, demanded flexibility and quick decision-making. Despite these challenges, I embraced them as learning opportunities and grew both personally and professionally during my internship.



## Reflections:

Being a UN Volunteer has been a transformative and fulfilling experience. I gained valuable insights into the UN's vital role in addressing global challenges and witnessed the dedication of its staff and volunteers. Personally, I grew in adaptability, empathy, and intercultural communication skills. Collaborating with passionate colleagues and witnessing the impact of our work has motivated me to stay committed to social and humanitarian causes. This journey has been life-changing, and I am grateful for the opportunity to contribute to positive change through the UN.

